



## The Big Travel Challenge 2020

1st February 2020

## Dear Parents and Guardians,

Our <u>Green-Schools Travel</u> team is inviting everyone in our school community to take part in the big **TRAVEL CHALLENGE 2020**, initiated by Green-Schools Ireland. This is a nation-wide campaign designed to encourage more students to enjoy the benefits of actively travelling to school during the month of February. The aim of the challenge is to promote a sustainable mode of transport of your choice for 10 days. Our challenge will be running from Monday 3<sup>rd</sup> February – Friday 14<sup>th</sup> February.

Walking, cycling or scooting to school can be an opportunity to increase physical activity in the darker winter months, when time spent outdoors is often reduced. We appreciate that many of our pupils live a distance from the school with no footpath to safely travel on. In this case we encourage pupils to engage in carpooling where feasible or either park 'n'stride - whereby you park a short distance from the school, such as the church, and walk the remaining part of the journey.

## What are we looking for?

We are aiming to achieve a measurable increase in any of the following sustainable modes of travel over the course of the ten days: walking, cycling, scooting, carpooling or park 'n' stride.

We will be recording the results on our green notice board in the foyer of the school. Each method of travel has been assigned a different coloured leaf which you can win daily if you've chosen a green mode of travel to travel to school by over the 10-day period.

We will count the leaves each Friday and the winning class will be given a prize!!! All pupils were informed of this challenge at our recent assembly and we look forward to seeing as many of you participating in this challenge as possible.

Kind regards,

Ms Swinburne and the Green-Team